



We help students thrive and dreams come alive

Seizure Action Plan

Effective Date _____

This student is being treated for a seizure disorder. The information below should assist you if a seizure occurs during school hours.

| | |
|-----------------------------------|------------------------|
| Student's Name _____ | Date of Birth _____ |
| Parent/Guardian _____ | Phone _____ Cell _____ |
| Other Emergency Contact _____ | Phone _____ Cell _____ |
| Treating Physician _____ | Phone _____ |
| Significant Medical History _____ | |

Seizure Information

| Seizure Type | Length | Frequency | Description |
|--------------|--------|-----------|-------------|
| | | | |
| | | | |
| | | | |

Seizure triggers or warning signs: _____ Student's response after a seizure: _____

Basic First Aid: Care & Comfort

Please describe basic first aid procedures: _____

Does student need to leave the classroom after a seizure? Yes No

If yes, describe process for returning student to classroom: _____

Basic Seizure First Aid

- Stay calm & track time
 - Keep child safe
 - Do not restrain
 - Do not put anything in mouth
 - Stay with child until fully conscious
 - Record Seizure in log
- For tonic-clonic **seizure**:
- Protect head
 - Keep airway open/watch breathing
 - Turn child on Side

Emergency Response

A "seizure emergency" for This student is defined as: _____

Seizure Emergency Protocol
(Check all that apply and clarify below)

- Contact school nurse at _____
- Call 911 for transport to _____
- Notify parent or emergency contact
- Administer emergency medications as _____
- Notify Doctor
- Other _____

A seizure is generally considered an emergency when:

- Convulsive (tonic-clonic) seizure lasts
 - Longer than 5 minutes
 - Student has repeated seizures without Regaining consciousness
 - Student is injured or has diabetes
 - Student has a first-time seizure
 - Student has breathing difficulties
- Student has a seizure in water

Treatment Protocol During School Hours (include daily and emergency medication)

| Emerg. Med. ✓ | Medication | Dosage & Time of Day Given | Common Side Effects & Special instructions |
|---------------|------------|----------------------------|--|
| | | | |
| | | | |
| | | | |

Does student have a Vagus Nerve Stimulator? Yes No If YES, describe magnet use: _____

Special Considerations and Precautions (regarding school activities, sports, trips, etc.)

Describe any Special considerations or precautions: _____

Physician Signature _____ Date _____

Parent/Guardian Signature _____ Date _____